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**ST. CATHERINE'S WEST REHABILITATION HOSPITAL**

**St. Catherine's Rehabilitation Hospital & Palmetto General Hospital**

Stroke Support Group: Open to all patients and caregivers.

Location: Saint Catherine’s West 2nd Floor Dining Room 1-2pm

American Stroke Association: Education Program

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| Month | Topic | Speaker | Location |
| Thursday, January 16th ,2025 | Falls Prevention | Marcela/ Isabel – Physical Therapy | SCWRH |
| Thursday, February 20nd, 2025 | Stroke 101 | Dr. Colleen Neubert | SCWRH |
| Thursday, March 20st, 2025 | Role of Nutrition | Samantha Mendes- Dietician | SCWRH |
| Thursday, April 17th 2025 | Speech and Memory | Sorrell Hernandez – SLP | SCWRH |
| Thursday, May 15rd, 2025 | Treating Stroke with Drug Therapies | Maria Clyce – Pharmacy | SCWRH |
| Thursday, June 19th, 2025 | Pain/ Pseudobulbar Affect | Palmetto Stroke Team | SCWRH |
| Thursday, July 17th, 2025 | Managing Spasticity | Isabel/ Bijlee - Occupational Therapy | SCWRH |
| Thursday, August 21nd 2025 | Emotions Depression and Communication | Dr. Benjamin Algaze – Psychologist | SCWRH |
| Thursday, September 18th,2025 | Social Work – Community Resources and Caregiver Support | Anais Prada, LCSW | SCWRH |
| Thursday, October 16th, 2025 | Posture & Positioning | Amanda Lopez - Occupational therapy | SCWRH |
| Thursday, November 20st 2025 | Cognitive Changes | Dr. Reissman Neuropsychology | SCWRH |
| Thursday, December 18th, 2025 |  Celebrating Milestones | Christina Sierra – DON | SCWRH |

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