ST. CATHERINE'S WEST REHABILITATION HOSPITAL









St. Catherine's Rehabilitation Hospital & Palmetto General Hospital

Stroke Support Group: Open to all patients and caregivers.

Location: Saint Catherine's West 2nd Floor Dining Room 1-2pm

American Stroke Association: Education Program

Month	Topic	Speaker	Location
Thursday, January 16 th ,2025	Falls Prevention	Marcela/ Isabel – Physical Therapy	SCWRH
Thursday, February 20 nd , 2025	Stroke 101	Dr. Colleen Neubert	SCWRH
Thursday, March 20 ^{st,} 2025	Role of Nutrition	Samantha Mendes- Dietician	SCWRH
Thursday, April 17 th 2025	Speech and Memory	Sorrell Hernandez – SLP	SCWRH
Thursday, May 15 ^{rd,} 2025	Treating Stroke with Drug Therapies	Maria Clyce – Pharmacy	SCWRH
Thursday, June 19 th , 2025	Pain/ Pseudobulbar Affect	Palmetto Stroke Team	SCWRH
Thursday, July 17 th , 2025	Managing Spasticity	Isabel/ Bijlee - Occupational Therapy	SCWRH
Thursday, August 21 nd 2025	Emotions Depression and Communication	Dr. Benjamin Algaze – Psychologist	SCWRH
Thursday, September 18 th ,2025	Social Work – Community Resources and Caregiver Support	Anais Prada, LCSW	SCWRH
Thursday, October 16 th , 2025	Posture & Positioning	Amanda Lopez - Occupational therapy	SCWRH
Thursday, November 20st 2025	Cognitive Changes	Dr. Reissman Neuropsychology	SCWRH
Thursday, December 18 th , 2025	Celebrating Milestones	Christina Sierra – DON	SCWRH