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**ST. CATHERINE'S WEST REHABILITATION HOSPITAL**



**St. Catherine's Rehabilitation Hospital & Palmetto General Hospital**

Stroke Support Group: All current & discharged patients and caregivers.

Location: Saint Catherine’s West 2nd Floor Dining Room 1-2pm

American Stroke Association: Education Program

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| Month | Topic | Speaker | Location |
| Thursday, January 25th ,2024 | Stroke 101 | Joi McMillon BSN, CCRN | SCWRH |
| Thursday, February 22nd, 2024 | Falls Prevention/ Fatigue Management/ Exercise | Miriam Ramirez- PT | SCWRH |
| Thursday, March 21st, 2024 | Role of Nutrition | Victoria Camacho Dietician | SCWRH |
| Thursday, April 25th 2024 | Recover and Rehabilitation – A Lifelong Journey | Miriam Rodriguez- PT | SCWRH |
| Thursday, May 23rd, 2024 | Treating Stroke with Drug Therapies | Maria Clyce – Pharmacy | SCWRH |
| Thursday, June 20th, 2024 | Social Work – Community Resources and Caregiver Support | Anais Prada, LCSW | SCWRH |
| Thursday, July 25th, 2024 | Wellness Wheel Exercise | Ingrid Cianchini- OTR | SCWRH |
| Thursday, August 22nd 2024 | Emotions Depression and Communication | Dr. Benjamin Algaze – Psychologist | SCWRH |
| Thursday, September 26th,2024 | Self-Esteem and Intimacy | Dr. Benjamin Algaze- Psychologist | SCWRH |
| Thursday, October 24th, 2024 | Speech and Memory | Sorrell Hernandez – SLP | SCWRH |
| Thursday, November 21st 2024 | Cognitive Changes | Dr. Reissman Neuropsychology | SCWRH |
| Thursday, December 19th, 2024 | Celebrating Lifestyle Changes | Christina Sierra – DON | SCWRH |

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