

**Subject: Stroke Support Group/American Stroke Association: Education Program**

**Location: St. Catherine's West, 2<sup>nd</sup> Floor Dining Room**

**Time: 1:00pm – 2:00pm**

**Sponsored by: St. Catherine's West Rehabilitation Hospital & Palmetto General Hospital**

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<b><u>Month</u></b>	<b><u>Topic</u></b>	<b><u>Speaker</u></b>
Thursday, January 25, 2024	Stroke 101	Joi McMillion BSN, CCRN
Thursday, February 22, 2024	Fall Prevention/Fatigue Management/ Exercise	Miriam Ramirez, PT
Thursday, March 21, 2024	Role of Nutrition	Victoria Camacho, Dietician
Thursday, April 25, 2024	Recover and Rehabilitation - A Lifelong Journey	Miriam Rodriguez, PT
Thursday, May 23, 2024	Treating Stroke with Drug Therapies	Maria Clyce, Pharmacy
Thursday, June 20, 2024	Social Work – Community Resources and Caregiver Support	Anais Prada, LCSW
Thursday, July 25, 2024	Wellness Wheel Exercise	Ingrid Cianchini, OTR
Thursday, August 22, 2024	Emotions, Depression and Communication	Dr. Benjamin Algaze, Psychologist
Thursday, September 26, 2024	Self-Esteem and Intimacy	Dr. Benjamin Algaze, Psychologist
Thursday, October 24, 2024	Speech and Memory	Sorrell Hernandez, SLP
Thursday, November 21, 2024	Cognitive Changes	Dr. Reissman, Neuropsychology
Thursday, December 19, 2024	Celebrating Lifestyle Changes	Christina Sierra, DON